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## The Enneagram Institute Travel and Transportation

The Enneagram Institute Barn at Stone Ridge is situated 90 miles directly north of New York City, and 50 miles south of Albany in the beautiful Hudson River Valley. Nearby towns include Kingston, New Paltz, Woodstock, Phoenicia, and Poughkeepsie, as well as many other charming country villages. You can get to Stone Ridge either from the Albany Airport, the Newburgh, the Stewart Field Airport, or any of the New York City Airports. A combination of taxis, buses, and rental cars are available at those locations to bring you the rest of the way.

You may coordinate your travel and lodging with other Riso-Hudson students by registering on our Discussion Board here <http://www.enneagraminstitute.com/forum/policy.asp> and then entering the Password found in your registration email. Email Katy if you have further questions by following the link here [http://enneagraminstitute/forms/email\\_form.asp?id=1](http://enneagraminstitute/forms/email_form.asp?id=1).

### Airports

**Stewart International Airport:** [www.stewartintlairport.com](http://www.stewartintlairport.com)

The Stewart International airport is 45 minutes south of the Barn at Stone Ridge. Car service is available to Barn at Stone Ridge from the airport. We recommend Visconti Limousine from Stewart (845) 562-5671.

**Albany International Airport:** [www.albanyairport.com](http://www.albanyairport.com)

The Albany International Airport is 1 hour 30 minutes North of the Barn at Stone Ridge.

- Car service is available: <http://www.albanyairport.com/3/ground/taxi.html>
- Bus service is available through Trailways. See below for more details.

**Greater New York City Metropolitan Area Airports:** [www.panynj.gov](http://www.panynj.gov)

Stone Ridge is about 2 hours North of New York City.

- *LaGuardia Airport* – Queens, New York General Info Contact: (718) 533-3400
- *John F. Kennedy Airport* – Queens, New York General Info Contact: (718)244-4444
- *Newark International Airport* – Newark, New Jersey General Info Contact: (973) 961-6000

All NY Metropolitan area Airports connect to Port Authority Terminal by Trailways bus service to New Paltz/Rosendale. See below for details.

### Bus Service to New Paltz or Kingston, NY

Trailways, NY: [www.trailwaysny.com](http://www.trailwaysny.com), (800) 776-7548

**Note:** There is no direct bus service to The Barn at Stone Ridge. You will need to take the bus to nearby New Paltz if coming from the south or to Kingston if coming from the north, and then take a taxi to The Barn or your hotel. All taxi information is listed below.

3355 Main St., Route 209, Stone Ridge, NY 12484

Telephone: (845) 687-9878 • FAX: (845) 687-7486

Email: [askEI@EnneagramInstitute.com](mailto:askEI@EnneagramInstitute.com) • Website: [www.EnneagramInstitute.com](http://www.EnneagramInstitute.com)

## **Bus Service to New Paltz or Kingston, NY (cont'd)**

### From Albany and points north

Take the Adirondack Trailways bus to Kingston, NY, which takes one hour. Tickets may be purchased at the Albany Airport Information Desk.

From NYC and points south: Bus ride from Port Authority Bus Terminal, New York City, to New Paltz takes less than 2 hours. Buses leave NYC Port Authority Terminal at 41st Street and 8th Avenue. Purchase your ticket before going to the gate at Pine Hill Trailways or a Greyhound kiosk in the South terminal. Make sure that you arrive at the gate (usually gate 65, North terminal) 20 minutes before departure time to ensure that you get a seat.

## **By Train: New York to Poughkeepsie**

**Note:** The Train Ride is 1.5 hours from New York City to Poughkeepsie, and the Poughkeepsie station is about 45 minutes from The Barn at Stone Ridge. You will need to take a taxi to The Barn. Metro North is generally much less expensive than Amtrak.

**Metro-North Railroad** via the **Hudson Line:** (212) 532-4900. Departs from Grand Central Station, NYC. [http://as0.mta.info/mnr/schedules/sched\\_form.cfm](http://as0.mta.info/mnr/schedules/sched_form.cfm)

**Amtrak:** (800) 872-7245: reservations recommended. Departs from Penn Station, NYC.  
[www.amtrak.com/servlet/ContentServer?pagename=Amtrak/HomePage](http://www.amtrak.com/servlet/ContentServer?pagename=Amtrak/HomePage)

## **By Taxi**

**Note:** It is recommended to print out the driving directions and have them with you upon arrival. Accord-Kerhonkson Taxi listed below will pick you up at any location and is the most reliable.

Kingston Bus Station: Kingston Cabs: (845) 331-8200  
Reservation is suggested. About \$25 one way.

New Paltz Bus Station: New Paltz Taxi: (845) 255-1550  
Reservation is suggested. About \$30 one way. \$2 per mile, approximately 15 miles away.

Poughkeepsie Train Station:  
Accord-Kerhonkson Taxi: (845) 626-9620, Reservation is required. \$65 one way.  
or Delroy Taxi: (845) 452- 1222, Cabs meet most trains, reservations are suggested. \$70 one way.

Any Location: Accord-Kerhonkson Taxi-Limousine Service: (845) 626-9620  
Reservations are required with at least 24 hours notice. Prices vary depending on location, but below are general guidelines. All tolls and parking fees are included in the price; gratuity is not. If people travel together, the price listed below will be divided among the number of people traveling in the vehicle. Also, if you find others to share a ride, please notify the driver with at least 24 hours notice.

Stewart International Airport: \$70.25 one way  
Albany International Airport: \$152 one way  
LaGuardia or Newark Airports: \$216 one way  
JFK International Airport: \$245 one way  
Kingston Bus Station: \$27 one way

New Paltz Bus Station: \$27 one way  
Rosendale Bus Station: \$16.25 one way  
Poughkeepsie Train Station: \$70.25 one way  
Upper Manhattan: \$190 one way  
Lower Manhattan (below 60<sup>th</sup> Street): \$216 one way

Please refer to our Driving Directions page for specific directions to The Enneagram Institute.

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