

Page references in *General Information* provide an overview of the categories listed. *The Enneagram and Spirituality* and *Type* specific charts offer more detailed and type specific references.

Where to Find It Guide General Information

	Wisdom	DYPT	PT	UTE	Website ¹
Enneagram Overview:					
Introduction to the Enneagram	9-10	63-65	3-10	3-17	✓
How to use the Enneagram	36-48	8-11			✓
History	19-25	6-7	11-26	31-40	✓
Type Information:					
Typing Questionnaires:					
QUEST	13-18				✓
TAS (Type Attitude Sorter)	Type Chap.				✓
RHETI		16-59			✓
IVQ (Instinctual Variants Test)					✓
Interpreting Results		177-189			✓
Thumbnail sketch	10-12	66-67		17-22	✓
Long description	✓	✓	✓	✓	✓
Personality Structure:					
Motivation	30-33		33-43	67-74	
Object Relations (Childhood Pattern)			447-450	67-70 312-320	
Centers of Intelligence (Triads)	49-59	67-74,	28-30	22-25, 247-283	✓
Hornevian Groups	59-63		433-436		
Harmonic Groups	64-68				
Wings	69-70	74	43-44, 418-421	25-26	✓
Instinctual Variants	70-74	82-85	426-430		✓
Levels of Development	75-88	75-79	45-47, 421-426, Appendix	136-166	✓
Direction of Integration and Disintegration (Stress)	88-94	79-82	47-55, 413-418	26-30	✓
Other:					
Personality disorders	Type Chap.			284-311	
Addictions	350-352				✓
Misidentifications				189-244	
Applications in the Real World:					
In Business		191-197			✓
In Relationships		197-199			✓
In Parenting		199-202			✓
In Cultural Studies		203-204			✓
In Personal Growth		204-207			✓

¹ See next page for detailed description of website links.

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Where to Find It Guide

Website: www.EnneagramInstitute.com

Heading	Key Topics
Tests:	
Free RHETI Sampler	<ul style="list-style-type: none"> ▪ 10 minutes, free ▪ Free download available to website or desktop
Free QUEST	<ul style="list-style-type: none"> ▪ 5 minutes, free ▪ Free hardcopy download available
Full RHETI	<ul style="list-style-type: none"> ▪ 40 minutes, \$10, discounts for multiple uses available ▪ Expanded personality type descriptions (5,000 words each)
QUEST-TAS	<ul style="list-style-type: none"> ▪ 40 minutes, \$10, discounts for multiple uses available ▪ Expanded profiles of the nine types
IVQ Instincts	<ul style="list-style-type: none"> ▪ 20 minutes, \$8, discounts for multiple uses available
Interpreting Results	<ul style="list-style-type: none"> ▪ Brief overview: Type, Integration/Disintegration (Stress), Wings, Compatibility Combinations ▪ Advanced Interpretation Issues
Type Descriptions	<ul style="list-style-type: none"> ▪ Short description
How the System Works	<ul style="list-style-type: none"> ▪ Your Basic Personality Type ▪ The Triads ▪ The Wing ▪ The Levels of Development ▪ Direction of Integration and Disintegration (Stress) ▪ The Three Instincts ▪ Typing Yourself and Others
Levels of Development	<ul style="list-style-type: none"> ▪ The Enneagram of Wholeness: The Centers and the Levels of Development as Tools for Awakening
Traditional Enneagram	<ul style="list-style-type: none"> ▪ History, origins ▪ The Virtues, Passions, Holy Ideas, Fixations
Practical Applications	<ul style="list-style-type: none"> ▪ Business, Relationships, Parenting, Cultural Differences ▪ Personal Growth
Relationship	<ul style="list-style-type: none"> ▪ Compatibility of the Personality Types ▪ 45 Enneagram Type Compatibilities
Personal Growth	<ul style="list-style-type: none"> ▪ Seven Tools for Personal Growth ▪ Personal Growth Recommendations by Enneagram Type
Enneagram & Spirituality	<ul style="list-style-type: none"> ▪ Personality, Essence, Spirituality ▪ Nine Observations About Spiritual Work ▪ The Transformational Process ▪ The Triads and the Nine Paths of Transformation ▪ The Nine Types and Their Essential Qualities
Addictions & Type	<ul style="list-style-type: none"> ▪ Eating Disorders & Addictions of the Types
Business Materials	<ul style="list-style-type: none"> ▪ Introduction, The 9 Types, Guidelines ▪ Business FAQs ▪ The Personality Grid, Interpersonal Grid, Disruptive Grid ▪ Enneagram with Types, Dysfunctional Workplace, Levels
Articles & Interviews	<ul style="list-style-type: none"> ▪ Articles and Interviews of Interest Authored by Don Richard Riso, Russ Hudson and R-H Graduates
Research Reports	<ul style="list-style-type: none"> ▪ News & Articles About the Ongoing Validation Studies of the Enneagram System
Free Downloads	<ul style="list-style-type: none"> ▪ Streaming audio, EnneaFeatures Viewer, Icons, and more
Other Resources	<ul style="list-style-type: none"> ▪ Books, Enneagram Cards, ResourceBook ▪ Schedule: Training Program and Workshops

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Where to Find It Guide The Enneagram and Spirituality

	Wisdom	DYPT	PT	UTE	ET	Website ²
Essence and Personality						
Essence and Personality	27-35			4-10, 355-359, 375-381	125-129	✓
Cultivating Awareness	36-48	9-11	455-463	11-17	3-8	
Virtues, Passions, Holy Ideas, Fixations, Essential Qualities				36-40, Type Ch.		✓
The Interconnected Enneagram				320-326		
The Fourth Way				327-332		
The Centers of Intelligence (Scrambling)						
The Centers				247-251		
Imbalances of the Centers				251-257		
Imbalances of the Nine Types				257-275		
Deeper Meaning of the Patterns				275-283		
Paths of Transformation				371-374		✓
Tools for Transformation						
Choosing a Practice	343-345				25-28	
Seven Tools	345-350					✓
Working with the Superego	352-355					
Working with the Body	355-357					
Cultivating the Quiet Mind	357-360					
Opening the Heart	360-363					
The Enneagram of Letting Go	363-366					
The Spiritual Journey						
The Transformational Process				362-371		✓
Subconscious Fears of Dropping the Personality	368-371					
Process of Self-Recovery—Nine Strata	371-377					
The Stages of the Work	383			361-362		✓
Practices, Emergence of Essence						
Type One	118-123	96	408	352-354	31-39	
Type Two	145-150	105	93	332-334	40-48	
Type Three	171-177	114	132	334-336	49-57	
Type Four	200-205	124	171	337-339	58-66	
Type Five	227-232	134	214	339-341	67-75	
Type Six	253-259	144	258	341-344	76-84	
Type Seven	281-286	154	296	344-346	85-93	
Type Eight	308-313	163	336	346-349	94-102	
Type Nine	335-340	173	375	349-351	103-111	

² For Website references, see the *Where to Find It Guide* for www.EnneagramInstitute.com links to Levels of Development, Personal Growth, and The Enneagram & Spirituality.

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Where to Find It Guide Instinctive Triad Types Eight, Nine, and One

	Wisdom	DYPT	PT	UTE
Type Eight				
Full Description	287-313	155-163	296-337	112-119
Short Description	289-291	155-158	297-304	112-114
Basic Fear/Desire, Superego Message	289			116-119
Childhood Pattern	291-293		304-306	116
Wing Descriptions	293-294		332-336	
Instinctual Variants	294-297	161-163		
LOD (Chart), Wake-Up Call, Social Role	296-298			
Description: Average Eight	297-307	160	312-322	112-113
Description: Unhealthy Eight	307-308		323-328	113-114
Description: Healthy Eight	309-312	159, 160	306-311	112
Dir. Disintegration (Stress)/Integration	307, 311	160	328-332	114-116
Developmental Practices	308-309	163		
Transformation	312-313			
Type Nine				
Full Description	314-340	164-173	338-375	119-126
Short Description	316-317	164-168	338-343	119-122
Basic Fear/Desire, Superego Message	316			124-126
Childhood Pattern	317-319		343-345	123
Wing Descriptions	319-320		370-375	
Instinctual Variants	320-322	171-172		
LOD(Chart), Wake-Up Call, Social Role	322-325			
Description: Average Nine	322-334	169-170	353-362	120-121
Description: Unhealthy Nine	334		362-366	121
Description: Healthy Nine	336-338	169, 170	347-353	119-120
Dir. Disintegration (Stress)/Integration	333, 337	169-170	366-370	122-123
Developmental Practices	335-336	173		
Transformation	338-340			
Type One				
Full Description	98-124	88-96	376-409	126-133
Short Description	99-100	88-92	376-382	126-128
Basic Fear/Desire, Superego Message	99			131-133
Childhood Pattern	100-102		382-384	130
Wing Descriptions	102-103		405-408	
Instinctual Variants	103-105	94-96		
LOD (Chart), Wake-Up Call, Social Role	105-108			
Description: Average One	107-117	93-94	390-397	127-128
Description: Unhealthy One	117		397-402	128
Description: Healthy One	119-122	92, 94	385-390	126-127
Dir. Disintegration (Stress)/Integration	116, 121	93-94	402-405	129-130
Developmental Practices	118-119	96		
Transformation	122-123			

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Where to Find It Guide Feeling Triad Types Two, Three, and Four

	Wisdom	DYPT	PT	UTE
Type Two				
Full Description	125-150	97-105	59-94	74-79
Short Description	127-128	97-99	59-65	74-75
Basic Fear/Desire, Superego Message	127			77-79
Childhood Pattern	129-130		65-67	77
Wing Descriptions	130-131		90-93	
Instinctual Variants	131-133	103-105		
LOD (Chart), Wake-Up Call, Social Role	134-136			
Description: Average Two	135-144	101-102	72-80	74-75
Description: Unhealthy Two	144-145		81-87	75
Description: Healthy Two	146-148	101-102	67-71	74
Dir. Disintegration (Stress)/Integration	144, 148	101-103	87-90	76
Developmental Practices	145-146	105		
Transformation	148-149			
Type Three				
Full Description	151-177	106-115	95-133	80-86
Short Description	153-155	106-108	95-101	80-82
Basic Fear/Desire, Superego Message	153			83-86
Childhood Pattern	155-156		101-103	83
Wing Descriptions	156-157		128-132	
Instinctual Variants	157-160	112-114		
LOD(Chart), Wake-Up Call, Social Role	160-162			
Description: Average Three	160-170	110, 111	109-199	80-81
Description: Unhealthy Three	170-171		119-125	81
Description: Healthy Three	173-175	110, 112	103-109	80
Dir. Disintegration (Stress)/Integration	170-174	111, 112	125-128	82-83
Developmental Practices	171-172	114-115		
Transformation	175-177			
Type Four				
Full Description	178-205	116-125	134-172	86-92
Short Description	180-182	116-118	134-140	86-88
Basic Fear/Desire, Superego Message	180			89-92
Childhood Pattern	182-183		140-143	89
Wing Descriptions	183-184		167-171	
Instinctual Variants	184-187	123-124		
LOD (Chart), Wake-Up Call, Social Role	187-190			
Description: Average Four	187-199	120-122	149-159	86-87
Description: Unhealthy Four	199-200		159-163	87-88
Description: Healthy Four	201-203	120, 121	143-149	86
Dir. Disintegration (Stress)/Integration	198, 202	121, 122	164-167	88-89
Developmental Practices	200-201	124-125		
Transformation	203-205			

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Where to Find It Guide Thinking Triad Types Five, Six, and Seven

	Wisdom	DYPT	PT	UTE
Type Five				
Full Description	206-232	126-134	173-215	92-98
Short Description	208-210	126-128	173-178	92-94
Basic Fear/Desire, Superego Message	208			95-98
Childhood Pattern	210-212		178-180	95
Wing Descriptions	212-213		209-214	
Instinctual Variants	213-215	132-134		
LOD (Chart), Wake-Up Call, Social Role	216-218			
Description: Average Five	217-226	129-131	186-198	93
Description: Unhealthy Five	227		198-206	94-95
Description: Healthy Five	229-230	130	180-186	92
Dir. Disintegration (Stress)/Integration	226, 230	131, 132	206-209	94-95
Developmental Practices	227-228	134		
Transformation	230-232			
Type Six				
Full Description	233-259	135-144	216-258	98-105
Short Description	235-236	135-137	216-224	98-100
Basic Fear/Desire, Superego Message	235			102-105
Childhood Pattern	237-238		224-226	
Wing Descriptions	238-239		254-258	
Instinctual Variants	239-241	142-143		
LOD(Chart), Wake-Up Call, Social Role	242-244			
Description: Average Six	243-252	139-141	232-243	99
Description: Unhealthy Six	253		243-250	99-100
Description: Healthy Six	255-257	140, 141	226-232	98
Dir. Disintegration (Stress)/Integration	252, 257	140, 141	250-254	100-102
Developmental Practices	253-255	144		
Transformation	258-259			
Type Seven				
Full Description	260-286	145-154	259-296	105-112
Short Description	262-264	145-147	259-265	105-108
Basic Fear/Desire, Superego Message	262			109-112
Childhood Pattern	264-265		265-267	109-112
Wing Descriptions	266		291-296	
Instinctual Variants	267-269	152-153		
LOD (Chart), Wake-Up Call, Social Role	269-272			
Description: Average Seven	271-280	149-151	272-282	106
Description: Unhealthy Seven	280-281		282-288	107
Description: Healthy Seven	283-284	149-150	267-272	105
Dir. Integration/Disintegration(Stress)	280, 284	150, 151	288-291	108-109
Developmental Practices	281-284	154		
Transformation	284-286			